



NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93

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7/15/98
AUG -5 P1:42

This notification is being filed on behalf of 4Health, Inc., doing business as Harmony Formulas®, which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5485 Conestoga Court, Boulder CO 80301. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is **Super II**.

The text of each structure-function statement for which notification is now being given is:

- Statement 1. A natural bowel cleanser.
- Statement 2. The formula is comprised of various herbs that gently stimulate the bowel.
- Statement 3. Provides extra-support for the sluggish colon.
- Statement 4. Promotes three bowel movements a day.
- Statement 5. Enhances and supports your body's natural ability to function on its own.
- Statement 6. A soothing plant with mild, natural laxative properties. Its healing properties are well documented, both internally and externally.
- Statement 7. Soothing to the digestive and eliminative tract.
- Statement 8. Eases indigestion, flatulence and colic. It is also used as an expectorant.
- Statement 9. Stimulates peristalsis and proper bowel function.
- Statement 10. Increases secretion of the liver and gall bladder.
- Statement 11. Stimulates digestion, absorption and assimilation of all nutrients.
- Statement 12. Supports the liver and digestive system.
- Statement 13. Works synergistically with the other herbs facilitating their absorption by the body.
- Statement 14. Soothes the digestive tract.
- Statement 15. The fiber in this herb helps to absorb toxins.
- Statement 16. Barberry bark is a natural source of berberine, a strong antimicrobial ingredient.
- Statement 17. Increases the activity of the glands in the walls of the intestinal tract.
- Statement 18. Helps to counteract problems such as jaundice, gallstones and hemorrhoids.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1	Aloe Vera Leaf, Cascara Sagrada Bark, Barberry, Butternut, Turkey Rhubarb root.
2	Aloe Vera Leaf, Cascara Sagrada Bark, Barberry, Butternut, Turkey Rhubarb root.
3	Aloe Vera Leaf, Cascara Sagrada Bark, Barberry, Butternut, Turkey Rhubarb root.
4	Aloe Vera Leaf, Cascara Sagrada Bark, Barberry, Butternut, Turkey Rhubarb root.
5	Aloe Vera Leaf, Cascara Sagrada Bark, Barberry, Butternut, Turkey Rhubarb root.

97S-0162

see docket 97S-0163 also

- 6 Aloe Vera Leaf
- 7 Aloe Vera Leaf, Anise Seed, Fennel Seed, Ginger Root, Slippery Elm Bark,
- 8 Anise seed, Fennel Seed, Ginger Root
- 9 Cascara Sagrada Bark, Butternut Bark
- 10 Cascara Sagrada Bark
- 11 Licorice Root, Capsicum Fruit
- 12 Licorice Root
- 13 Capsicum Fruit
- 14 Slippery Elm Bark
- 15 Slippery Elm Bark
- 16 Barberry Bark
- 17 Butternut Bark
- 18 Turkey Rhubarb Root

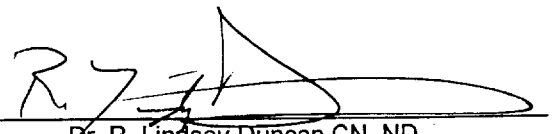
The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	Harmony Formulas® Super II	Both
2	Harmony Formulas® Super II	Both
3	Harmony Formulas® Super II	Labeling
5	Harmony Formulas® Super II	Labeling
6	Harmony Formulas® Super II	Labeling
7	Harmony Formulas® Super II	Labeling
8	Harmony Formulas® Super II	Labeling
9	Harmony Formulas® Super II	Labeling
10	Harmony Formulas® Super II	Labeling
11	Harmony Formulas® Super II	Labeling
12	Harmony Formulas® Super II	Labeling
13	Harmony Formulas® Super II	Labeling
14	Harmony Formulas® Super II	Labeling
15	Harmony Formulas® Super II	Labeling
16	Harmony Formulas® Super II	Labeling
17	Harmony Formulas® Super II	Labeling
18	Harmony Formulas® Super II	Labeling

I, R. Lindsey Duncan, am authorized to certify this Notification on behalf of 4Health, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4Health, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 30, 1998

By:


Dr. R. Lindsey Duncan CN, ND
CEO and Formulator, 4Health, Inc.